***THE NINE ISSUES***

**QUESTIONS FOR SELF-REFLECTION**

**1. TRUTH: Deceit vs Honesty**

Consider the sources you choose to feed you the news. . . . .

Do you know what kinds of facts they usually filter out of your news feeds?

Do you know what kinds of lies are not filtered out?

Has their bias or fact-checking been rated by a politically unbiased nonprofit?

How do you figure out w*hat’s real, what will last*?

Do you seek and give ***truth, authority, reality, and validity*** in healthy ways?

What do you tell others who ask why you trust these authorities for your truth?

**2. PEACE: Fear vs Trust**

How much *protection do your shelters give* to your *fear*?

When life worries you, who gives you faith that everything will work out?

Where does their security come from? What do they believe in for strength?

When your safety is threatened, where do you turn for safety and peace?

How healthy are the ways you seek ***peace, security, safety, strength, and shelter***?

Do you teach others these same ways for deciding what to believe in?

**3. RESPECT**: **Selfish Pride vs Humility**

Do *you believe you’re special*, or want others to think so?

Who and *what do you honor, idolize, and admire* as important, and mattering most?

How healthy are the ways you seek ***respect, honor, esteem, and value***?

Do you teach others these same ways for deciding what to believe in?

**4. LOVE**: **Envy vs Compassion**

How big is your *circle of caring and concern*?

In love do you *care unselfishly*? or *compare enviously*, and *possess jealously*?

How healthy are the ways you seek ***love, support, concern, caring, and comfort***?

Do you teach others these same ways for dealing with these issues?

**5. GRACE**: **Resentment vs Peacemaking**

Can you *accept blame and repent* when you are wrong?

Or do you *punish, threaten, get even, and back people off* when your faults start to show?

How healthy are the ways you seek ***fairness, and deal with issues of mercy, hurt, blame,***

***and anger***?

Do you teach others these same ways for dealing with these issues?

**6.** **SEXUALITY**: **Lust vs Sexual Integrity**

Do you use sex mostly to increase your pleasure?

Or more to enhance the mutual love, respect, understanding, and loyalty with your

spouse?

How healthy are the ways you express your ***gender, loyalty, affection, beauty, and***

***desire***?

Do you teach others these same ways for dealing with these issues?

7. **MONEY**: **Greed vs Resourcefulness**

Do you *save, share, and live on little*, or *get as much as you* *can*?

Do you *love people and use things*, or vice-versa?

How healthy are the ways you seek ***money, possessions, wealth, or treasure***?

Do you teach others these same ways for dealing with these issues?

8. **PURPOSE**: **Laziness vs Enthusiasm**

Do you spend your *time and energy* on what you care about?

Do you have your heart in most things you do, with good *effort and focus*?

How healthy are the ways you seek ***a balance of work, rest, and recreation***?

Do you teach others these same ways for dealing with these issues?

9. **HEALTH**: **Gluttony vs Physical Fitness**

Do you use *food, drugs, and exercise to keep myself fit*?

Do you consume these and *entertainment mostly for your pleasure, anesthesia, and*

*escape*?

How healthy are the ways you ***diet, exercise, medicate, and avoid addictions***?

Do you teach others these same ways for dealing with these issues?